

# THE ARC INFORMER

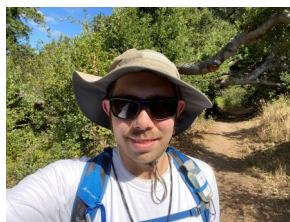
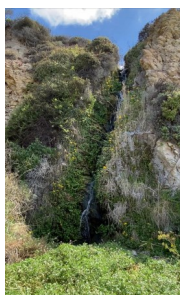
## The Arc of Amador and Calaveras San Andreas site

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September 2022

### Hikes in Pt. Reyes

By Eric Figel

After the trip in PT. Reyes during August 9th through 12th the highlight moments that really was worth mentioning is hiking in Rift Zone Trail and going to Kelham Beach. You can hike Rift Zone Trail starting at Bear Valley Trailhead near the Visitor Center. It is a good flat trail for beginners doing a nature hike including through the cattle pasture where it is nice to walk during cool summers. It leads all the way near Five Brooks Trailhead which is about 4.3 miles long according to the map. My best part of the trip in Pt. Reyes was hiking to the Kelham Beach. It takes about 5 miles to hike there by taking Bear Valley Trail reaching to Coast Trail and eventually you will see the huge Eucalyptus tree where you can find the sign from behind leading to Kelham Beach down below about 140 steps. (Just be careful to watch your step especially when wet making them slippery.) The Kelham Beach also has a beautiful coastal waterfall there making it worth the visit since not every beach has one. If you like hiking or going on a visit to Pt. Reyes, at the right time of the year these are fun nature hikes to do.



The Arc Informer is an original publication produced by  
program participants of The Arc

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#### Special thanks

Eric Figel

#### Mystery Search

Can you find Mr. Stix? He is hiding  
somewhere in the Arc Informer.

By Nick Knapik



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## September 2022 Rebus

by Nicholas Knapik



-Fra



W+

(first 4 letters)|



-S

(Verb) -B

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Solution on Page 8

**Riddle 1.** I have keys but no doors, I have space but no rooms, I allow you to enter but you are never able to leave. What am I?

**Riddle 2.** You cannot see me, nor can I be touched, you cannot feel me, but I can cook your lunch!

**Riddle 3.** After booming and zapping is when I emerge, to bring you bright dazzling beauty when I diverge. Some say that I hide enormous wealth, but those riches have always proven stealth. What am I?

**Riddle 4.** I have wings, I am able to fly, I'm not a bird yet I soar high in the sky. What am I?

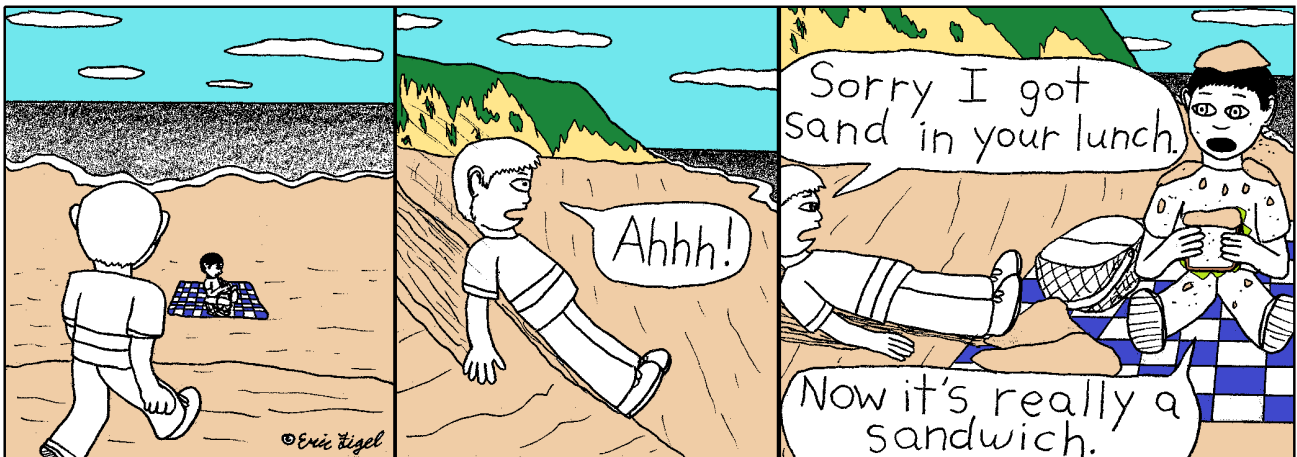
**Riddle 5.** If four people can repair four bicycles in four hours, how many bicycles can eight people repair in eight hours?

Answers on Page 8



## Comic Strip

By Eric Figel



# Mac & Cheese

Contributed by Katelyn Morock

## Ingredients

for 6 servings

- ☐ 5 cups whole milk
- ☐ 1 box elbow macaroni
- ☐ ½ cup butter
- ☐ 2 cups cheddar cheese
- ☐ salt, to taste
- ☐ pepper, to taste
- ☐ fresh parsley, to serve

1. In a large pot on medium-high heat, gently heat the milk to a simmer.
2. Add in the elbow macaroni. Cook until the pasta is tender.
3. Once the noodles are cooked, turn off the heat. Add in the butter, cheddar, salt, and pepper. Fold these ingredients with the pasta until the cheese and butter melt into the milk to create a thick sauce.
4. Sprinkle with parsley and serve!
5. Enjoy!



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## September Fun Facts

By Suzanne Jasper

Sept 1752 The Liberty Bell arrives in Philadelphia

Sept 1, - 1939 Poland is invaded by Nazi Germany and the Soviet Union

Sept 2 1969 The first ATM (Automatic teller machine) is installed

Sept 2 1995 The Rock N' Roll Hall of Fame opens in Cleveland Ohio

Sept 3, 1895 The first professional American football game is played

Sept 4, 1888 George Eastman receives a patent for a roll film camera

Sept 4th 1967 Gilligan's Island airs its final episode

Sept 4th 1972 Mark Spitz wins his seventh swimming Gold medal. He is the first Olympian to win seven gold medals.

Sept 5, 1960 Mohammad Ali wins the Olympic Gold medal in boxing

Sept 6, 1995 Cal Ripkin Jr breaks the record of 2,130 consecutive Major League Baseball games played

Sept 7, 1998 Google the search engine company is founded

Sept 8, 1966 Star Trek airs its first episode

Continued on page 5

Sept 9, 1850 California becomes the thirty first U.S. State

Sept 10, 1913 The us opens its first paved coast to coast highway

Sept 11, 2001 Terrorist attacks use airliners to destroy the world Trade Center and part of The Pentagon. In total almost 3,000 are Killed

Sept 12, 1959 Bonanza the first regularly scheduled TV program that is in color airs its first episode.

Sept 13, 1814 The Star Spangled Banner is written by Francis Scott Key

Sept 14, 2001 The Nintendo Gamecube is released in Japan

Sept 15, 1949 The Television series "The Lone Ranger" airs its first episode

Sept 16, 1956 The toy Playdoh is first introduced

Sept 17, 1787 The United states constitution is officially adopted

Sept 18, 1965 Mickey Mantle plays in his 2000th baseball game

Sept 19, 1994 The TV show ER airs its first episode

Sept 20, 1973 Singer and songwriter Jim Croce is killed in a plane crash

Sept 21, 1970 Monday Night Football First airs on TV

Sept 22, 1980, Iran is invaded by Iraq

Sept 22, 1962 The cartoon "The Jetsons" airs for the first time

Sept 24, 1789 The United States Post Office department is established

Sept 25, 1890 Yosemite National Park established in California

Sept 26, 1969 The Brady Bunch airs its first episode on TV

Sept 27, 1954 The Tonight show First airs on nationwide TV

Sept 28, 1820 To prove that the tomato is safe, Robert Johnson publicly eats a bushel of tomatoes

Sept 29, 1988 NASA resumes space shuttle flights, which had stopped after The Challenger disaster

Sept 30, 1947 The world series is televised for the first time

Sept 5, Labor Day

Sept Zodiac sign Virgo Aug 23-Sept 22 & Libra Sept 23-Oct 22

Sept birth flower aster and morning glory

Sept birthstone sapphire

## The Mysterious Rusted Key

By Melanie LaSalle

I was writing a love letter in my room after midnight to my true love. I asked my true love what he was doing and he said that he was looking for an old rusted key that goes to an old trunk. And I asked him what was in the trunk; he said that there was some kind of treasure inside the there, but nobody knew what was inside it.

Then one day I had an unexpected guest at the door, it was my true love, totally surprised me. I didn't know he was coming out to visit. But what I didn't realize is that I didn't know what his name was, so I asked him, "May I know your name?" He said "Oh, I'm sorry, my name is Jackson." And I told him that my name is Chelsea. So I asked Jackson if he needed help finding the rusted key, and he accepted. The first place that we looked as an old deserted graveyard.

At first, we weren't sure if we were all alone in the graveyard, but then all of a sudden, we heard a creepy noise, and we both got startled. And Jackson asked me, "What was that?" And Jackson said, "I don't know what that was but we want to find out what it was." As we were walking, we encountered a scary sight. I asked Jackson, "What the heck was that?"

As we kept walking, the noise got louder and louder. Chelsea grew increasingly nervous; as we got closer, we realized that it was a vampire. That was really scary. But Jackson and I still had to find the rusted key. Luckily, Jackson and I weren't very far from finding the key. Now we had to find the trunk.

Jackson exclaimed, "Chelsea, come quick, I think I found the trunk!" Jackson grabbed the key and he checked the key and gave it to me to see if it opened the trunk. When I turned the key to the trunk, I was completely shocked to find out that it unlocked the trunk.

## BIATHLON ARTICLE FOR SEPTEMBER NEWSLETTER BY BRETT J. ASHWORTH



Hi, my name is Brett Jacob Ashworth and I'm doing a biathlon it's combining skiing and rifle and it's the last 2 winter sports then I'm done with all the Winter Sports there is skiing and shooting and the skiing is called cross-country and the shooting is called rifle shooting the very first biathlon World Championship was in 1958 in 1960 the sport biathlon was finally included in the Olympic Games. The Individual format the Men has 20 km and (12.43 mi) race and the Women has a 15 km with (9.32 mi) the athlete shoots four times on any shooting lane and the lanes are 1-15 is a prone while 16-30 is standing totaling 20 targets in the order of the Biathlon is standing after prone for each missed target is added to the skiing time of the athlete and starts with staggered, by 30 seconds. The races for men are 15 km and 12.5 km for women and 45 seconds will be added to the skiing time The Sprint has 10 km (6.21 mi) for the men and for the women is 7.5 km (4.66 km) it's usually distanced is over 3 laps and shoots twice for a penalty loop is 150 m before returning to the race. Super Sprint is divided into segments but on 1.5 km lap with a total of 4.5 km only 30 top competitors make to for the final they have 5 laps on the same course like in a mass start the only part of this is the athlete is disqualified from the race. The Pursuit the distance for men is 12.5 km and the women is 10 km over 5 laps 4 shooting bouts if the miss a penalty loop, then its 150 meters. Mass Start all the athletes start the 15 km for men or 12.5 km for women and the also have 4 bouts also 5 laps. Competitors must ski one 150-meter penalty loop there are also bib numbers. Mass Start 60 started the year of 2018-2019 with the first bib 1-30 bib biathletes have a routine and so do 31-60. The Relay team has 4 athletes is 7.5 km for men or 6 km for women and they also have a cross country skiing relays the first two legs have been women and the last two legs have been the men the women's legs are 6 km (3.7 mi) and men's legs are 7.5 km (4.7 mi), this event was added to the Winter Olympics in 2014. Single-mixed relay with the first three being 3 km (1.9 mi) or 2 laps and it could be a male or a female biathlete or vice versa with the finishing member performing an extra lap. Team (obsolete) unlike the relay competitions, all team members will start at the same time the two biathletes are non-shooting must ski 150 m (490 ft.) Norway is number 1 with 55 medals Germany is number 2 with 54 France is 3<sup>rd</sup> with 32 and so on and Croatia only has 1 and our Country has 17 is USA






































Riddle Answers

Rebus Solution

- Riddle 1 Answer: A keyboard
- Riddle 2 Answer: A microwave particle
- Riddle 3 Answer: A rainbow
- Riddle 4 Answer: An airplane
- Riddle 5 Answer: 16 bicycles

Wake me up when September ends

# September Weather

S	M	T	W	T	F	S
28	29	30	31	1	2	3
						
91° 59°	93° 60°	98° 63°	99° 63°	98° 67°	97° 68°	99° 70°
4	5	6	7	8	9	10
						
102° 72°	101° 75°	102° 73°	97° 72°	95° 69°	94° 66°	95° 66°
11	12	13	14	15	16	17
						
94° 64°	88° 63°	86° 64°	91° 64°	87° 64°	90° 65°	94° 66°
18	19	20	21	22	23	24
						
94° 66°	93° 63°	87° 62°	88° 63°	89° 63°	90° 62°	89° 62°
25	26	27	28	29	30	1
						
70° 50°	87° 50°	82° 50°	83° 62°	82° 62°	90° 50°	88° 58°

# September Birthdays

- . Mikey Snyder      September 5
- . Mary Ann Roach   September 11