

THE ARC INFORMER

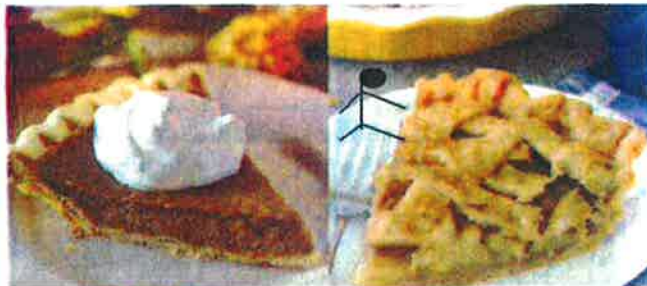
The Arc of Amador and Calaveras
San Andreas site

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Thanksgiving Memories By Melanie LaSalle

My favorite Thanksgiving memory was when I was about 7 years old, my parents and I traveled to Las Vegas to visit my grandmother and my uncles. When we were there I helped my grandma bake pumpkin and apple pies and cookies, while we waited for the cookies and pies to finished baking my mother and I watched the Macy’s Thanksgiving Day parade on TV; that was our family’s biggest tradition. When the parade was over we watched the football game until it was time for our Thanksgiving feast; which included the full feast; turkey, mashed potatoes, stuffing, cranberry sauce, green bean casserole, yams with marshmallows and dinner rolls. For dessert we served the pies that my Grandma & I made and boy were they delicious. Each of us have special memories that we all are thankful for, I myself am thankful for all my friends and family, my job, my health, The Arc, and much more.

Another memory of mine was when I spent Thanksgiving with my Great grandparents in California, when I got to see my aunts, uncles and my cousins. We played games and we got to hangout and talk. I will cherish these memories forever. When someone asks me about thanksgiving I think about family, my friends, the joys of life and the little things I am thankful for. We should always remember and appreciate our blessings and be thankful for what we have.




The Arc Informer is an original publication produced by program participants of The Arc

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Special thanks
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Mystery Search
Can you find Mr. Stix? He is hiding somewhere in the Arc Informer.
By Nick Knapik



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WOMEN'S FIELD HOCKEY ARTICLE by Brett J. Ashworth

My Name is Brett J. Ashworth and I am doing a women's field hockey article it's a fall sport from November-December because I wanted to and they have 10 conference and 80 teams and the conference are America East, Atlantic Coast Conference, Atlantic 10 Conference, Big 10 Conference, Big East, CAA, Ivy League, Mid-American Conference, Northeast Conference and Patriot League and all of the have conference tournaments but not the Ivy league because the Ivy league champion gets an automatic bid into the NCAA Tournament and they have 15 minutes each quarter they have at least 11 players playing and they are a Goalkeeper (GK) Left Fullback (LFB) Right Fullback (RFB) 3 Halfbacks (HB) and 5 forwards and they have a green yellow and red card and the green card is for 2 minutes leave in the field for 2 minutes a yellow card is for 10-15 minutes depending on the outcome and 3 yellow cards = 1 red card and that means that their out depending on the umpires discretion and the red card means that it's a suspension and they need to leave the field hockey place official reviews are by the had coaches as referrals and they get 2 referrals per game and theirs 50 field hockey teams and 10 conferences a penalty stroke is when theirs a foul by the other time and also a penalty corner there isn't any goggles in field hockey but there is in women's lacrosse and the players of the week are determined by the conference and if there is any thunder or lighting in the area by 7 miles then game has to be delayed by the Umpire and the Penalty Stroke is only when the player and the goalie and the all of the opponents have to wear facemasks. A penalty corner is when the ball struck the other teams body. Also, if is their thunder or lighting in the area then the umpire stops the game for at least 30 minutes. They all have conference tournaments but not Ivy League because the ivy league doesn't have a tournament but they have an automatic qualifier that is the regular season champion.



North Carolina Tar Heels field hockey field

November Facts

Symbols of November Birthstone: Topaz and citrine



blue topaz



citrine

Flower: Chrysanthemum



Zodiac signs: Scorpio and Sagittarius

Chinese (Mandarin) - Shíyiyuè

Danish – November

French - Novembre

Italian - Novembre

Latin - November

Spanish - Noviembre



Scorpio



Sagittarius

It is the last month of the Fall season. November in the Northern Hemisphere is similar to May in the Southern Hemisphere.

Elections are held in the United States on the Tuesday after the first Monday in November.

The third Thursday of November is the Great American Smokeout. Smokers are encouraged by the American Cancer Society to stop smoking on this day.

Some Christian churches celebrate All Saint's Day on the first day of November and All Souls Day on the 2nd.

American football is the main sport watched in the United States during this month. Most, if not all, of the leaves have fallen off the trees by the end of November.

November 11, 2021	Veterans' Day	Thursday
November 25, 2021	Thanksgiving	Thursday
November 26, 2021	Black Friday	Friday
November 29, 2021	Cyber Monday	Monday

Riddles

Riddle 1: Who won the skeleton beauty contest?

Riddle 2: What do you get when you divide the circumference of your jack-o-lantern by its diameter?

Riddle 3: I'm tall when I'm young, I'm short when I'm old, what am I?

Riddle 4: What do you get when you drop a pumpkin?

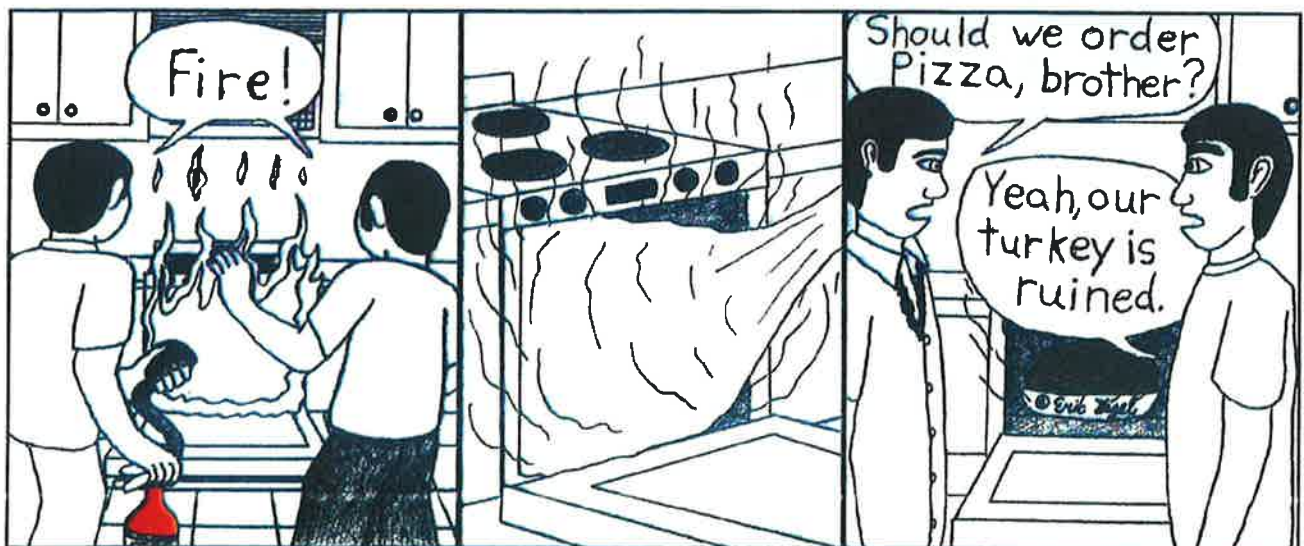
Riddle 5: What did one leaf say to the other?



Answers on Page 6

Comic Strip

By Eric Figel



November 2021 Rebus

By Nicholas Knapik



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- SE + V



2 Ingredient Cinnamon Roll Apple Cobbler

A super quick and easy dessert recipe! You won't believe how simple this apple cobbler is to make with just a can of apple pie filling and a single tube of cinnamon rolls.

Course: Dessert

Keyword: 2 ingredients, apple, cinnamon rolls, cobbler, dessert, easy, fall, quick, simple

Servings: 6

Ingredients

1 tube Pillsbury Cinnamon Rolls
1 (20oz) can of apple pie filling
vanilla ice cream (optional)

Instructions

Preheat your oven to 375 degrees and grease a 2-quart baking dish.

Cut each cinnamon roll into 4 bite-sized pieces and toss them with the apple pie filling.

Place the mixture into your prepared dish and bake uncovered in the center rack of your oven for 20-25 minutes, or until the cinnamon rolls are cooked through and golden brown.

Remove from the oven and spread the frosting that came with the tube of cinnamon rolls all over the top.

Enjoy warm with vanilla ice cream.

Recipe Notes

You could also top with toasted pecans for added crunch.

In case you're not familiar with baking dish sizes, a 2-quart dish is typically 9x9 or 7x11. You just want to make sure it's large enough so that the cinnamon rolls aren't completely buried or they might not bake evenly.



Riddle Answers

Rebus Solution

Answer 1: No body (Get it? Cause skeletons don't have a body!)

Answer 2: Pumpkin Pi

Answer 3: A candle

Answer 4: Squash

Answer 5: "I'm falling for you."

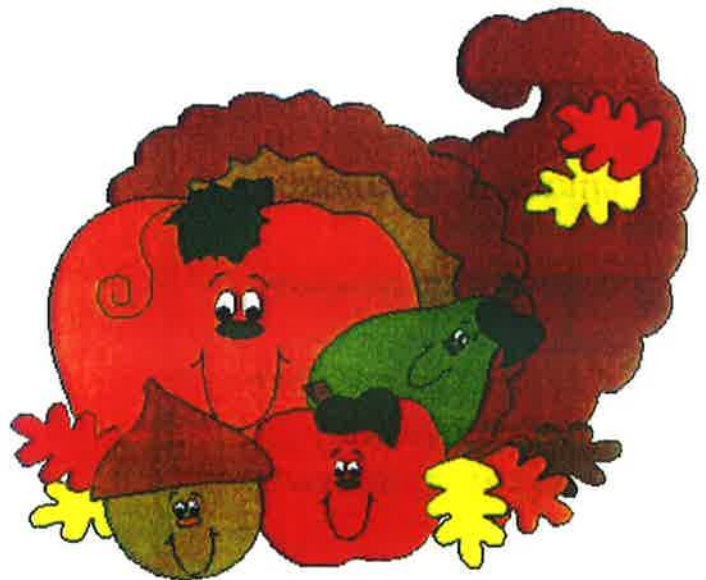
Guns N' Roses - November Rain

Thanksgiving Word Search

R E L A T I V E S T I F S M F
 P N R E U K S S N C H A O E A
 X I E F B O B E T I L A A O S
 O B L Z Y O L T U R K S N T D
 W R Y G I C E T R E T P U K Y
 T S E V R A H L K N Y F M L S
 Y V A R G I M E E N F T I U N
 S Q U A S H M R Y I W M A R P
 F A L L P R A S N D A L O B A
 R M H T N B A G C F A C E K I

cook
 corn
 dinner
 fall
 family
 feast
 food
 gravy
 harvest

maize
 pilgrims
 pumpkin
 relatives
 settlers
 squash
 stuffing
 thanks
 turkey



November Weather

S	M	T	W	T	F	S
31	1	2	3	4	5	6
64° 49°	64° 54°	65° 49°	64° 55°	62° 50°	61° 47°	60° 50°
7	8	9	10	11	12	13
60° 50°	63° 49°	61° 49°	60° 49°	58° 48°	64° 50°	67° 49°
14	15	16	17	18	19	20
67° 48°	64° 48°	65° 48°	63° 47°	64° 48°	62° 48°	63° 48°
21	22	23	24	25	26	27
62° 46°	62° 45°	64° 48°	60° 47°	57° 46°	59° 46°	60° 46°
28	29	30	1	2	3	4
58° 45°	58° 47°	61° 46°	62° 46°	62° 45°	61° 47°	61° 47°